



Outdoor Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Outdoor Plus Award.

	Requirements	Completed- Team Members signature
1	Pitch a tent.	
2	20 nights away (Indoors or Outdoors)	
3	Build a bivvi shelter and sleep in it.	
4	Demonstrate how to use an axe and saw.	
5	Take part in 10 wide games.	
6	Take part in 15 hikes.	
7	Show 10 tracking signs.	
8	Cook a full course meal on an open fire.	
9	Make a fire using natural materials.	
10	Make a camp oven.	
11	Demonstrate 3 lashings.	
12	Learn about camp hygiene.	
13	Construct 3 pioneering projects	
14	Demonstrate 5 knots	
15	Take part in backwoods cooking	
16	Take part in a survival first aid	
17	Learn about campsite safety	
18	Make bread on a camp	
19	Construct a dining shelter	
20	Take part in a camp project	



Adventure Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Adventure Plus Award.

	Requirements	Completed- Team Members signature
1	Climb 5 hills	
2	Visit 2 beaches	
3	Take part in climbing or abseiling	
4	Go on 5-night hikes	
5	Take part in a man hunt	
6	Stay in an indoor activity centre overnight	
7	Take part in a 2-night hike	
8	Take part in a survival camp	
9	Sleep a metre off the ground	
10	Take part in a summer camp.	
11	Take part in an overseas expedition.	
12	Camp next to a river.	
13	Take part in a speed boat adventure	
14	Learn how to use a compass and map.	
15	Take part in a 2-night expedition.	
16	Take part in a water activity (canoeing, sailing)	
17	Take part on a roller coaster.	
18	Stay the night in an aquarium.	
19	Take part in an obstacle course.	
20	Take part in a water slide.	



Team Building Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Team Building Plus Award.

	Requirements As part of a team...	Completed- Team Members signature
1	Take part in a team project.	
2	Build a bridge over a river.	
3	Build a pioneering project as a team.	
4	Build a camp table as a team.	
5	Make a human pyramid.	
6	Make a raft.	
7	Take part in a team race.	
8	Make up a fundraiser.	
9	Take part in capture the flag.	
10	Design <u>an</u> build a camp gadget for the group.	



Community Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Team Building Plus Award.

	Requirements	Completed- Team Members signature
1	Take part in 10 fundraisers.	
2	Take part in a litter pick.	
3	Take part in a community project.	
4	Take part in fundraising for another charity.	
5	Take part in 3 local parades.	
6	Learn about another cause.	
7	Help another community.	
8	Help an elderly person with a job.	
9	Take part in a beach clear up.	
10	Promote helping the environment.	



Challenge Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Challenge Plus Award.

	Requirements	Completed- Team Members signature
1	Take part in a personal challenge at home	
2	Take part in a new hobby for more than 5 weeks	
3	Do 4 chores at home for 4 weeks.	
4	Do a presentation in front of the session of a topic of your choice.	
5	Achieve 3 certificates out with the organisation.	
6	Do the family shopping by yourself.	
7	Bring a friend to outdoor and adventure.	
8	Cook a meal or bake for your family	
9	Design a recruitment poster for the RHYO for your school	
10	Wash the family car or your neighbour's car	

Outdoor & Adventure Awards

There are five awards to achieve in our
Outdoor & Adventure Group:



Challenge Award



Adventure Award



Team Building Award



Outdoor Award



Community Award

Outdoor & Adventure

Award Requirements

This booklet has the requirements for each of the Outdoor & Adventure Awards. Once an element of an award is achieved, this will be signed off by a team member. After the required number of elements have been completed, the member will have achieved the award and be presented with a certificate. There is also a Chief Executive Award that members can work towards. This is the highest award you can receive in the RH Youth Organisation. Please see the last page of the booklet for more details.

These requirements will be accomplished during session times. Some requirements can be done at home with a supervised adult. If you are doing requirements at home, please provide evidence of your hard work to a team member. This could be a photograph, a piece of work or a letter from a parent/guardian.

After achieving each award, there is also the opportunity of a plus award where other elements of the award are achieved. For example, to achieve the Outdoor Award a member needs to complete 60-70% of the elements. If they achieve 80-100% they will be awarded the Outdoor Plus Award. Award requirements can be adapted to suit the needs and abilities of individual members.

Please speak to a team member if you have any questions regarding the awards programme.



The Chief Executive Award

Requirements

The Chief Executive Award is the highest award you can achieve in the RH Youth Organisation. Every member who is working towards this award will receive a Chief Executive Award booklet which will go into more detail of each requirement and what is needed to achieve the award. Every member who achieves this award will receive a certificate and gift at a special awards ceremony. This award would also look good on future CVs and application forms for further education and work as it recognises hard work, commitment and resilience.

The requirements for this award will be:

- Be a member of the RH Youth Organisation for at least 18 months.
- Achieve all 5 Awards within our Outdoor & Adventure Group.
- Achieve at least 3 Plus Awards within our Outdoor & Adventure Group.
- Learn a skill for at least 6 months.
- Raise at least £100 for a charity of your choice.
- Volunteer within any part of the RH Youth Organisation for 6 months.
- Tackle an environmental issue and raise awareness of it.
- Plan, organise and help run a community event.

Members of the RH Youth Organisation can begin working towards this award once all 6 awards in either group have been achieved.

Learn.

Develop.

Grow.



Please keep this booklet safe.



Troopers

Requirements for the
Outdoor & Adventure
Awards

Name:

