



Outdoor Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Outdoor Plus Award.

	Requirements	Completed Team Members signature
1	Pitch a tent.	
2	10 nights away (Indoors or Outdoors)	
3	Build a bivvi shelter.	
4	Demonstrate how to use an axe and saw.	
5	Take part in 5 wide games.	
6	Take part in 10 hikes.	
7	Show 10 tracking signs.	
8	Cook a meal on an open fire.	
9	Make a fire.	
10	Demonstrate how to use a compass.	
11	Complete an orienteering course.	
13	Learn 3 lashing knots	
14	Learn how to coil a rope	
15	Learn the recovery position	
16	Make a stretcher using natural materials	
17	Take part in a pioneering project	
18	Sleep in a bivvi shelter	
19	Create a wet pit for a campsite	
20	Learn 5 survival first aid types	



Adventure Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Adventure Plus Award.

	Requirements	Completed Team Members signature
1	Climb 5 hills.	
2	Visit 2 beaches.	
3	Take part in a river activity.	
4	Go on a night hike.	
5	Take part in a scavenger hunt.	
6	Stay in an indoor activity centre overnight.	
7	Take part in a laser quest activity.	
8	Take part in 2 blind trails.	
9	Learn about 5 types of trees.	
10	Explore a cave.	
11	Take part in a water activity (canoeing, sailing)	
12	Take part in a zip line	
13	Take part in climbing or abseiling	
14	Take part in a burn run	
15	Take part in a water slide	
16	Climb a tree (below 12ft)	
17	Take part in a bike ride	
18	Visit a Loch	
19	Cook on a stove.	
20	Demonstrate SOS in a survival situation	



Team Building Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Team Building Plus Award.

	Requirements As a team...	Completed Team Members signature
1	Take part in a team project	
2	Become a squad leader	
3	Build a fort outdoors	
4	Build a newspaper tower	
5	Make a bivvi shelter	
6	Construct a tripod using pioneering poles	
7	Make 5 camp gadgets	
8	Make a human pyramid	
9	Take part in a race	
10	Take part in an obstacle course	



Community Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Team Building Plus Award.

	Requirements	Completed Team Members signature
1	Take part in 10 fundraisers.	
2	Take part in 2 litter pick.	
3	Take part in a community project.	
4	Take part in fundraising for another charity.	
5	Make a recruitment poster for the RHYO.	
6	Promote recycling.	
7	Take part in 2 local parades.	
8	Help another community.	
9	Take part in a group project for the community	
10	Promote green cross code	



Challenge Award

60-70% of the requirements to achieve the award. 80-100% of the award to achieve Challenge Plus Award.

	Requirements	Completed Team Members signature
1	Take part in a personal challenge at home.	
2	Take part in a new hobby for more than 5 weeks.	
3	Do 4 chores at home for 4 weeks	
4	Do a presentation in front of the session of a topic of your choice.	
5	Plant a tree.	
6	Design a poster promoting the RHYO or RHYO event.	
7	Achieve a certificate out with the organisation	
8	Bring a friend along to the session	
9	Conquer a fear (heights, reptiles etc)	
10	Change a lightbulb	

Outdoor & Adventure Awards

There are five awards to achieve in our
Outdoor & Adventure Group:



Challenge Award



Adventure Award



Team Building Award



Outdoor Award



Community Award

Outdoor & Adventure

Award Requirements

This booklet has the requirements for each of the Outdoor & Adventure Awards. Once an element of an award is achieved, this will be signed off by a team member. After the required number of elements have been completed, the member will have achieved the award and be presented with a certificate. There is also a Chief Executive Award that members can work towards. This is the highest award you can receive in the RH Youth Organisation. Please see the last page of the booklet for more details.

These requirements will be accomplished during session times. Some requirements can be done at home with a supervised adult. If you are doing requirements at home, please provide evidence of your hard work to a team member. This could be a photograph, a piece of work or a letter from a parent/guardian.

After achieving each award, there is also the opportunity of a plus award where other elements of the award are achieved. For example, to achieve the Outdoor Award a member needs to complete 60-70% of the elements. If they achieve 80-100% they will be awarded the Outdoor Plus Award. Award requirements can be adapted to suit the needs and abilities of individual members.

Please speak to a team member if you have any questions regarding the awards programme.



The Chief Executive Award

Requirements

The Chief Executive Award is the highest award you can achieve in the RH Youth Organisation. Every member who is working towards this award will receive a Chief Executive Award booklet which will go into more detail of each requirement and what is needed to achieve the award. Every member who achieves this award will receive a certificate and gift at a special awards ceremony. This award would also look good on future CVs and application forms for further education and work as it recognises hard work, commitment and resilience.

The requirements for this award will be:

- Be a member of the RH Youth Organisation for at least 18 months.
- Achieve all 5 Awards within our Outdoor & Adventure Group.
- Achieve at least 3 Plus Awards within our Outdoor & Adventure Group.
- Learn a skill for at least 6 months.
- Raise at least £100 for a charity of your choice.
- Volunteer within any part of the RH Youth Organisation for 6 months.
- Tackle an environmental issue and raise awareness of it.
- Plan, organise and help run a community event.

Members of the RH Youth Organisation can begin working towards this award once all 6 awards in either group have been achieved.

Learn.

Develop.

Grow.



Please keep this booklet safe.



Pathfinders

Requirements for the
Outdoor & Adventure
Awards

Name:

